

A Summer Solstice Labyrinth Walk

At the Unitarian-Universalist Congregation in Westport, 10 Lyons Plains Road

Saturday, June 17, 2023 2-4 PM



C.G. Jung is credited with introducing the Eastern concept of the mandala to Western thought, and believed that its creation can be symbolic of the inner process by which individuals grow toward fulfilling their potential for wholeness; enhancing the spiritual experience of Oneness; the psychological expression of the totality of the Self ...

Walking the Labyrinth is walking meditation on an enlarged mandala.
Today's Blue Lotus Peace Labyrinth is painted on a 24-ft. portable canvas.

Presented by: ALEPH TALKS

Dr. Bart Stuck, applied mathematician, and
Rev. Marjorie Partch, Jungian astrologer

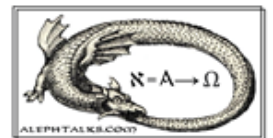
As a Special Live Event of Our Regular Wednesday Night Zoom Class:
Mysticism: Where Science, Art, and Spirituality Meet

Yoga Shala
FAIRFIELD



Co-Sponsored by:

The UU Congregation Faith Formation Committee and
Yoga Shala Fairfield



Labyrinths have been used for millennia for inner peace, contemplation, walking meditation, spiritual healing, and prayer. The circular paths are a spiritual technology designed to facilitate insight, transformation, and awakening.

Come mark the Summer Solstice with a unique multimedia labyrinth walk with sacred music by Hildegard and others; a mandala coloring meditation; and sync up with ongoing lunar cycles to re-focus your intention to manifest your unique potential ~ as revealed in your birth chart ~ with ongoing New & Full Moon Manifestation Circles at Yoga Shala: