

# A Winter Solstice Labyrinth Walk

At The Unitarian-Universalist Congregation in Westport, 10 Lyons Plains Road

Saturday, December 23, 2023 4-6 PM



*C.G. Jung is credited with introducing the Eastern concept of the mandala to Western thought, and believed that its creation can be symbolic of the inner process by which individuals grow toward fulfilling their potential for wholeness ("Individuation"); enhancing the spiritual experience of Oneness; and the psychological expression of the totality of the Self ...*

Walking the Labyrinth is walking meditation on an enlarged mandala. Today's Blue Lotus Peace Labyrinth is painted on a 24-ft. portable canvas.

*Presented by ALEPH TALKS:*

Dr. Bart Stuck, Applied Mathematician & Physicist, and  
Marjorie Partch, Jungian Astrologer & Poet

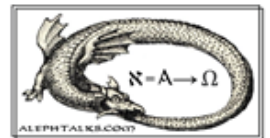
As a Special Live Event of Our Regular Thursday Night Zoom Class,  
Commencing September 28:

***Mysticism: Where Science, Art, and Spirituality Meet***



*Co-Sponsored by:*

The UU Congregation Faith Formation Committee and  
Yoga Shala Fairfield



Labyrinths have been used for millennia for inner peace, contemplation, walking meditation, spiritual healing, and prayer. The circular paths are a spiritual technology designed to facilitate insight, transformation, and awakening.

Come mark the Winter Solstice with a unique multimedia labyrinth walk with sacred music from Hildegard and others; a mandala coloring meditation; and sync up with ongoing lunar cycles to re-focus your intention to manifest your unique potential ~ as revealed in your birth chart ~ with ongoing New Moon Manifestation Circles at Yoga Shala in Fairfield: